

Make a family emergency plan

☐ Identify a safe place in each room of your home and practice rapidly getting there. Best locations include under a sturdy desk or table, or beside a sturdy, large piece of furniture such as a sofa or bed. Avoid doorways; doors could bang open and shut during an earthquake or storm.

☐ Practice home-evacuation drills. Choose someplace nearby for your family to meet. Expect a lack of transportation.

☐ Educate your children. Get a copy of your school district's disaster policy regarding transportation and the release of students. Keep photos of family members in your wallet in case someone is missing.

☐ Take a first aid course. Learn CPR.

☐ Know where the nearest police and fire stations are. Know the route to the nearest hospital emergency room. Keep critical phone numbers and your insurance policy numbers by your phone and in your wallet.

☐ Enter your "ICE" — In Case of Emergency — numbers on your cell phone so emergency workers will know whom to contact if you're hurt. For example, enter "ICE husband John" and the phone number.

☐ Find out whether any neighbors have medical or other expertise. Plan to unite if your neighborhood becomes isolated. Help elderly, disabled or single-parent neighbors create an emergency plan. Get contact information for their relatives.

FAMILY

Emergency meeting place: _____

Out-of-state contact, phone number: _____

Insurance company and phone numbers: _____

Insurance policy numbers: _____

Driver license numbers: _____

NEIGHBORHOOD

Neighbors' names, phone numbers: _____

UTILITY COMPANIES

Electricity: _____ Water: _____

Natural gas: _____ Phone: _____

EMERGENCY

Doctor's phone: _____

Pharmacy phone: _____

Police non-emergency phone: _____

Fire non-emergency phone: _____

Closest emergency room, address: _____